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NARENDERA



UESS PAP

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Class

- 3. ECONOMICS

- **EDUCATION**
- 6. POL. SCIENCE

- 7. PHILOSOPHY 10. GEOGRAPHY
- 8. PSYCHOLOGY
- 9. SOCIOLOGY
- 13. PHYSICAL EDU. 14. ENV. SCIENCE
- 11. STATISTICS
- 12. HOME SCIENCE 15. COMPUTER SC.

- 16. I. P.
- 17. FUNC. ENGLISH 18. HINDI
- **19. URDU**

By **PANEL OF EXPERTS**

2024



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NARENDERA PUBLISHING HOUSE

Price: ₹ 150.00

PSYCHOLOGY

Time	: 3 Hours		1	Maximum Marks. 70		
		SECTION -	A			
	Very Very Sl	nort Answer Type Qu	estions (Objective T	(ype)		
		$(1 \times 10 - 10)$	amlen)			
Q.1.	approach	considers intelligence	as an aggregate of	abilities.		
	 a. Structural 		b. Information - pro			
	c. Psychometric		d. None of the above			
Q.2.	2					
	a. Intelligence quotien	t	b. Creativity			
	c. Aptitude Testing		d. Emotional Intellig	ence		
Q.3.	The value judgemen	t of a person about l	ierself/ himself is ca	n is known as.		
Q.4.		l, emotional, and psy	chological exhaustic	1. Depression		
	a. Stress	h Anxiety	c Burnout	I. Depression		
Q.5.		onsequent operation	ons are the proce	edures or		
	psychotherapies.			Humanistic		
~ ′		b. Cognitive	c. Psychodynamic	1. Humamore		
Q.6.		roduced by				
	a. Carl Rogers		b. Viktor Frankl	ura Perls		
0.7	c. Sigmund Freud		d. Freiderick and La	tura i cris		
Q. /.	Which of the following			d. Complexity		
0.0	a. Valence	b. Centrality		d. Complexity		
Q.8.	Sequence of stages for most of the group formations is a. Formatting, norming, storming and performing					
				OTHER PDF		
	b. Forming, performing					
	c. Forming, norming,					
0.0	d. Forming, storming,			members refers to		
Q.9.	Togetherness, binding	ng, or mutual attrac	ction among group	members refers to		
	a. Group Thinking	h Group Cohesion	c Group Mind	d Group Cooperation		
0.10	Quartile Deviation o	f ungrouped data: 1'	7 2 7 27 15 5 14	8 10 24 48 10 8		
Q.10.		i ungrouped data. 1	7, 2, 7, 27, 13, 3, 14,	, 0, 10, 24, 40, 10, 0,		
	7, 18, 28 is	b. 7.75	c. 8.75	d. 9.75		
*	a. 6.75			d. 7.75		
	Which of the followin	(b) Poverty		(d) None of the above		
*	(a) Aggression Which of the followin					
*		g properties of attitud	(b) Extermeness	change		
	(a) Valence	ntrolity.	(d) All of the above	· · · · · · · · · · · · · · · · · · ·		
de	(c) Complicity and centrality (d) All of the above Any sound that is annoying and irritating and feel to be unpleasant is said to be as					
*						
	(a) Noise pollution	(b) Air pollution	(c) Crowd	(d) None of the above		
ak	The group that remain		(a) Committee	(1) P. 11 1		
	(a) Family	(b) Police	(c) Committee	(d) Religious group		
*	Behaviour therapy is:	4 . 61	/			
	(a) Open	(b) Close	(c) Indoor therapy	(d) All of these		
k	Communication is:					
	(a) Dynamic	(b) Continuous	(c) Versible	(d) Interactive		

ķ	Intellian	1)	117
	Intelligence is the power of:		15.
n)c	7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	Company of the company	
	Who pioneered psychodynamic therapy? (a) Carl Jung (b) learning (c) Si	(c) understanding	(d) all of these
ajt.			s seal sufficient
	Which of the following is an example of ground (a) Family	(c) Carl Rogers	(d) None of these
*	(a) I diffilly	ъ.	
	The initial sten in the lister.	(c) Playground	(d) All of these
水		to the pull people	rest and the second
	Social Psychology studies	(c) reception	(d) speaking
*	(a) Abnormal behaviour (b) c · · · ·	us (a) Dath that	and colored.
	Sosial Psychology uses	(c) Both the ty	VO
3 k	(a) Survey method (b) Experimental most	and	(a) Dath the two
		proposed by	(c) Both the two
		(c) Sternberg	
Î	The integrating concept of an individual is	(c) Sternberg	
	(a) Sell (b) Nervous system	(c) Emotions	(d) Needs and urges
- 平	Attitude lead to	(e) Emotions	(a) riceas and arges
	(a) Conformity	(b) Prejudice	
	(c) Disconformity of behaviour	(d) All the above the	ree.
*	Stress can lead to		
	(a) Adjustment (b) Happiness	(c) Development	(d) Frustation
ajt	The I. Q level of average intelligence has been	en accepted to be;	DAA
***	(a) 90 (b) 100 (c) 110	(d) 120	
埭	When the mental age is more than chronologic	ical age, the intellige	ence of a person is said
	to be	S, LAEMPLAN C	OTHERPOT
4	(a) Below average (b) Average		(d) None of these.
4	A creative person is high on aspe		
ak	(a) Analytic (b) Creative	(c) Practical	(d) All of these
	Social Psychology studies	() 5 4 4	and the state of t
*	(a) Abnormal behaviour (b) Social behav		two
	Intelligence of a person can be accurately as (a) Eyes	(b) Performance	
	(c) Conversation	(d) Intelligence te	st soores
*	Personality develops most rapidly during: -	(d) interrigence to	st scores
	(a) Early childhood (b) Adolescence	(c) Middle age	(d) Old age
*	Which of the following is / are sources of s	` '	(a) Old ago
	(a) Traumatic events (b) Recent life event		(d) All of these
*	Electro-convulsive therapy was developed if	for first time by:-	(=) 1111 01 111000
	(a) Kalinosky (b) Vonalduna	(c) Hurwitz	(d) None of these
	(a) raminosity	c 60 17 129	e nachar ar in La 11 - m
	SECTION		Signatural survival
	Very Short Answer T	1 \	
	$(2\times9 = 18 \text{ m})$	aiks)	
	- a T 4-11: comen ()110fient		

Q.11. Define Intelligence Quotient.

Q.12. Define the halo effect.

Q.13. Define Hallucinations and its types.

Q.14. Define anxiety and phobia.

- Q.15. Define principle of reciprocal inhibition.
- Q.16. What are dysfunctional cognitive structures?
- Q.17. What are the components of an attitude?
- Q.18. Define prejudices and discrimination.
- Q.19. What is a group?
 - Discuss factors that leads to+ve health and well-being.
- What are main types of dissociative disorder?
- What do you understand by electro-convulsive therapy?
- Discuss any two strategies to reduce conflict.
- What do you mean by abnormal behaviour?
- What do you mean by free-association method?
- What is pro-social behaviour?
- Explain the concept of co-operation.
- Discuss different levels of consciousness.
- What is the concept of gunas?
- What do you understand by antisocial personality?
- Define psychosurgery.
- Define attitude.
- What is group and dyad?
- How does disaster influence human behaviour?
 - What is self-efficiency?
- Explain the abnormal behaviour?
- Explain the concept of abnormality and psychological disorder?
- What are the techniques used in the rehabilitation of the mentally ill?
- Differentiate between prejudice and stereotype?
- What do you understand by term 'natural disaster'?
- What is communication psychology?
 - What do you mean by individual difference?
- Define the term poverty.
- What are the characteristics of communication?
- How does disaster affect human behaviour?
- Define conflict and frustration.
- What are various objectives of therapeutic process?
- Define schemas
- Define inter-group conflict.
- Define proximity and similarity.
- Define Violence.
- What are human rights?
- Define mean and write its formula.
- What is adaptation?
- Explain the mood disorder.
- Define the term— 'Psychodynamic'.
- Explain the social identity.
- What do you understand by the term 'environment'? Before Bullin hardons and its tropic
- What is Self-esteem?
- Mention some stress-related disease.

- Write a note on non-verbal communication.
- Discuss the types and nature of aptitude.

SECTION - C

Short Answer Type Questions

 $(3\times9 = 27 \text{ marks})$

- Q.20. Discuss Componential Intelligence from the Triarchic Theory of Intelligence.
- Q.21. Define buddhi and discuss facts of Intelligence in the Indian tradition.
- Q.22. Discuss Interview Method.
- Q.23. Discuss personality. Discuss Type-C and Type- D Personality.
- Q.24. Write a note on General Adaptation Syndrome.
- Q.25. Discuss Systematic desensitization.
- Q.26. Discuss factors affecting attitude formation.
- Q.27. What are the influences of a group on an individual's behaviour?
- Q.28. Define Mean, Median and Mode.
- Describe the sub-types of Schizophrenia and their characteristics.
- Name the aspects of Yoga approach.
- Why do people join groups?
- How is poverty related to discrimination?
- Define Average Deviation with example.
- Explain the important components of human communication.
- What is self? How does the Indian notion of self-differ from the western notion?
- How can we identify a gifted child?
- How does Freud explain the structure of personality?
- Define various sources of stress.
- What do you mean by meditation?
- Discuss any three strategies which help in overcoming the prejudice?
- Describe any three major causes of poverty.
- Define co-operation.
- What is noise? Discuss the effects of noise on human behaviour?
- What is pro-environmental behaviour?
- Discuss the educational psychology?
- Explain the concept of sports psychology?
- Define emotional intelligence.
- What do you mean by positive health and well-being?
- What are the different stress management techniques?
- Explain concept of pro-social behaviour?
- How do group influence our behaviour?
- How is one's identity formed?
- What is air pollution and how does it can be controlled?
- How can we identify gifted children?
- Define any two projective techniques.
- Define sources of stress.
- Explain the concept of Schemas.
- Define any two types of groups.
- What are natural and man-made disasters?

- MAINLINDERA " DA"
- Discuss the types and nature of aptitude.
- What is trait approach to personality?
- Explain the abnormal behaviour.
- Discuss the various techniques used in behaviour therapy.
- Difference between prejudice and stereo type.
- How do groups influence our behaviour?
 - What do you mean by individual difference?
- Define draw-a-person test.
- Discuss factors that leads to +ve health and well-being.
- What are main types of dissociative disorder?
- What do you understand by electro-convulsive therapy?
- Discuss any two strategies to reduce conflict.
- How does disaster affect human behaviour?
- Write a note on non-verbal communication.

SECTION - D

Long Answer Type Questions

 $(5\times3 = 15 \text{ marks})$

Q.29. Define Coping. Discuss techniques for coping with stress.

OR

Define adjustment. Discuss stress and its types and sources.

Q.30. Elaborate classification of psychological disorders.

Discuss Schizophrenia.

Q.31. Discuss Statistics and its types. Write a note on mean, median, and mode.

OR

Calculate the standard deviation by using the short method for the following data:

C.I.	40-44	45 - 49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
f	2	1	1	2	8	9	3	2	11	1

- Discuss the factors influencing formation of attitude.
- What is noise? Discuss the effects of noise on human behaviour.
- What is an Attitude? What are the factors that influence attitude formation?

Is behaviour always a reflection of one's attitude? Explain with relevance examples.

- Define various types of Statistics.
- Compare and contrast formal and informal groups, and ingroups and outgroups.
- How often do you show conformity in your behaviour? What are the determinants of conformity?
- What is intelligence? Define Howard Gardener's theory of intelligence.
- Define aptitude. Any intellectual activity involves the independent functioning of three Neurological systems. Explain with reference to pass modal.
- Discuss main type of anxiety disorder.
- Define abnormality. What do you mean by mood disorders?
- Explain the terms "Intellectual deficiency" and "Intellectual giftedness".
- What is self? How does the Indian nation of self-differ from the western nation?
- To what extent is intelligence the result of heredity and environment.

Compute Median:

Scores	
65-69	J
60-64	Rathesia I
55-59	3
50-54	4
	7
45-49	9
40-44	11
35-39	8
30-34	4
25-29	2
20-24	JIM DRISO ZWEIGE
1	N CO
_	N = 50

What is aptitude? Define its types.

How is 'aptitude' different from 'interest' and 'intelligence'? How is aptitude measured?

What is the multiple intelligence identified by gardener?

Are there cultural differences in conceptualization of intelligence?

To what extent is our intelligence the result of heredity (nature) and environment (nurture)? Discuss.

Any intellectual activity involves the independent functioning of three neurological system. Explain with reference to pass model.

What are the different types of Intelligence testes?

Which of two, IQ or EQ, do you think would be more related to success in life and why?

How do psychologists characterize and define intelligence?

Discuss the main observational methods used in personality assessment. What problems do we face in using these methods?

What do you mean by substance abuse and dependence?

How do you define personality? What are the main approaches to the study of personality?

What is Self-regulation? Discuss some important techniques of self-regulation.

Discuss self-report measures of personality.

Define self, self-efficacy and self-regulation.

State the symptoms and sources of stress. *

What is a Trait? Discuss Allport's trait theory.

What do you understand by behavistic approach?

Discuss any two projective techniques.

Explain the concept of stress. Give examples from daily life.

What are the causes inter-group conflicts? Think of any international conflict. Reflects

on the human price of this conflict.

What do you understand by the term 'environment'? Explain the different perspectives to understand the human-environment relationship. Can a longstanding pattern of deviant behaviour be considered abnormal? Elaborate.

What do you understand by schizophrenia? What are its symptoms?

What is anxiety disorder? Define any three disorders. What are psychological and biological causes of disorder?

- * Describe the nature and scope of Psychotherapy. Highlight the importance of therapeutic relationship in psychotherapy.
 - What do you mean by Behavioural Disorders?
 - Can a long-standing pattern of deviant behaviour be considered abnormal? Elaborate.
- * What do you understand by the term dissociation? Discuss its various form?
- * What is abnormal behaviour? What are different criteria of abnormality?
- * Write a note on classification of psychological disorders.
 - Describe the nature and scope of Psychotherapy. Highlight the importance of therapeutic relationship in psychotherapy.
- * Should Electro-convulsive Therapy be used in the treatment of mental disorders?
- Define attitude. Discuss the components of an attitude.
- * What are the factors that influence the formation of an attitude?
- What do you understand by pro-social behaviour?
- * What are the sources of Prejudice?
- * Why is the concept of 'personal space' important for human beings? Justify your answer with the help of an example.
- * What methods of selecting people for jobs are most effective?
- * Calculate Standard Deviation (S.D.) of the following distribution:

C	II. f	
80-	-89 3	
70	-79 4	ECCCOM
60	-69 6	ESS.CUIVI
50	-59 7	
MODE 40	-49 ERS, NUERI B10	KS, EXEMPLAR & OTHER PDF
30	-39 9	
20	-29 5	
- 10	-19 4	
0	-9 2	
	N = 50	

Calculate Mean Deviation from the above distribution.

- * What are statistics? Define its type.
- * Calculate median of the following data:

ii or the re	mo ming date.	
C.I		f
0-10		1
10-20		1
20-30		3
30-40		11
40-50		7
50-60		5
60-70		4
70-80		3
80-90		2
90-100		1